



PSYCHOLOGICAL ANALYSIS OF STANISLAVSKI'S THEORY OF THE PERFORMING ARTS "SYSTEM" AS IT THE FOUNDATION OF CINEMA

Prof. Dr. Sanjay S. Patil

HOD & Associate Professor, Department of Dramatics, Smt. Kesharbai Sonajirao Kshirsagar Alias Kaku Arts, Scie. & Com. College Beed, Maharashtra - 431122 (MH), India.

INTRODUCTION:

Theater is the only medium that has the ability to collectively stage all other arts. Arts like dance, music, painting, and sculpture amalgamated with theater. The play is the only art, which is considered to be an emotional form of human civilization and interaction. Theater brings thoughts to the general public. Promotes to respond. This theater teaches the common people to be emotionally organized.

Today the era of theater arts seems to be more influenced through cinema. Knowledge of cinema is covering over all the arts. Cinema has become a medium which seems to affect all dimensions of the personal, social and national, international level. Every part of life is seen touching. Reflections of various parts and themes of theatrical art appear in cinema. The history of theater has become the foundation of cinema. The fundamentals of theater have become the core elements of cinema. If all the artists of the cinema study drama and literature, then they can work more efficiently in the production of cinema. Here I would like to discuss the acting principles of theater. Discussions have been made in this regard about the Russian actor, analyst guide and theorists Konstantin Stanislavsky, who is the pioneer of acting theories, and especially of acting.

DISCUSSION:

Today we all know that dramatics is an art that has been supplying adequate human resources to the field of cinema. Practitioners believe that the practice, contemplation and practical endeavor of dramatics is considered to be the first step towards cinema. The fundamentals of theater are a guide to the concept of cinema. The person who is unable to understand cinema. The person who wants to make cinema his field of work. He should preside over various dimensions and principles of drama.

In general, it appears that a person who wants to adjust to the context of cinema, especially wants to establish himself as a successful actor. If such virtuous people have more knowledge about the acting principles of drama and the subject, then the percentage of their success increases.

The acting theory presented by Stanislavsky, called the system or psychoanalytic theory, can be helpful in enriching an actor more and more. It would not be wrong for us to believe that today's modern cinema's roots appears in the ancient classical theater. Today's modern society seems to be progressing at various levels. Changes are taking place at the individual and social levels as a result of social revolution and industrialization. Today's society has become the focal point of normal human society. This was the period when change became the rule of change. Along with science, literature and social relations, cinema had become the only important part of these changes.

The society has progressed in all these areas. That is why human society today has become part of a revolutionary era. But in this race, man is seen to be giving up his peace of mind and satisfaction. Cinema has become capable to guide the entire human society today. If we all try in this direction, then cinema can take human civilization towards life.

Actors and actresses are important part of cinema to provide direction to all the above efforts and collect social feelings. They can have a significant contribution in materializing these efforts. Because ordinary people like to see their reflection and personality in these artists.

In order to empower Abhineta, Stanislavski has given strong discussion and guidance in his theory. He has clarified the basic principle of his system of psychiatry, that when an actor is on stage, it is necessary to know the mechanism of body penetration. On this, to understand the process of body penetration, he incorporated and analyzed these Concepts in his theory, as like Magic If and Emotional Memory. Scott Herman, a practitioner of Stanislav's theories, believes that Alex Pacijeski and Leo Tolstoy have first incorporated literature and drama into psychological realism. Later this idea became the inspired idea to establish the Moscow Art Theater. The credit for the establishment of this theater goes to Stanislavsky and Vladimir Nemorovich. The plays presented on the basis of this

idea received considerable appreciation. Mainly these plays were based on the work of Anton Chekov.

In this entire process Stanislavski served as a center. After much revision work, he has presented the business of acting and related work in his book *An Actors Prepares*. In this book, he has discussed his acting elements and principles in detail. This modification of them later emerged as a system. This theory is considered to be an interpretation of the psychological resolution. Emotional memory is a psychological concept. Stanislavski considers this noun an important part of his theory. Along with this noun, they have included many more nouns in their system.

Stanislavski considers many psychological concept analysis's is mandatory when referring to acting work. Mainly thought process, imagination, conceptualization, memory, intelligent quotient, emotional quotient, etc. are widely discussed in their theory. He has tried to treat all these cognitions by considering his theater experiences as inspiration. He first introduced this idea in his first article published in 1909. To give strength to his theory, he saw the stage performances of many actors, after knowing and understanding, he gave his idea.

His second work, *An Actors Work on himself*, has presented that the artists should be science lovers. Adopting a science-based approach can prove to be a task to understand and explain the basic form of art. The science-based approach gives greater positivity to its work. Psychology is the only science that can guide the expansion and ecstasy of the arts. With more and more practice of his theory can establish an actor himself more actively and confidently. An actor can make self-more and more competent in acting arts.

CONCLUSION:

Guiding the actor, Stanislavski says that if the actor gets to know his or her work psychologically, he or she can become more capable of judging the role they perform. They believe that the actors should try to understand and learn the inner spiritual and biological emotions hidden behind the words of the dialogue before understanding the feelings expressed in the word form dialogues of the *Natya Samhita*. The actor learns to establish himself in the outer world by understanding his inner spirit processes while acting, only then can he prove to be a successful actor. This is believed by Stanislavski. It is necessary for the leading personalities of cinema to know that Stanislavsky's ideas and thinking theory can be helpful to enrich his acting arts more and more. Thus we can now understand that the Stanislavski's theories may prove more appropriate to improve morality and to understand acting art fundamentally.

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